

THE ANGLICAN 4th DAY

MOVEMENT is a worldwide movement of the Christian Church which seeks to bring individuals to Christ through Christian communities in action. It proposes no new type of spirituality, but simply a method by which one's spirituality can develop, grow and be shared. The Anglican 4th Day works to form groups of men and women who are Christian leaders who will provide backbone for Christian life in the world. Anglican 4th Day is designed to make it possible to live in what is fundamental to being a Christian - to live in union with Christ and to share Christ with others.

The three-day weekend provides a living experience - meeting Christ, meeting fellow Christians and sharing Christ with them. It begins on a Thursday evening and ends the following Sunday evening. During these days, those attending live and work together, listening to and discussing talks given by the Clergy and laity. The talks have a specific purpose to present a vision of the Christian life and, therefore, do not provide a general introduction to Christianity or summary of all Christian doctrine.

The basic atmosphere of a 4th Day weekend differs from the individual solitude of a retreat. During the three days, the teachings of Christ are discussed in a climate of joy. The talks and discussions are interspersed with prayer, Eucharist, songs, recreation, laughter and moments of reflection and silence. There is nothing dull about a 4th Day weekend! It is full of work enjoyed in the name of Jesus Christ. It is a joyous workshop in the fundamentals of our Christian faith where everyone learns by experiencing a living Christian community.

A 4th Day weekend is an encounter with Christ. If that is understood, then the power, beauty and joy of the 4th Day Movement will be understood. The 4th Day method described on the weekend provides a means to continue in Christian growth after the weekend. The resulting Christian community is a group of men and women who live the Christian life, linked with Christ and supporting one another in their environment. This support is found in two post-4th Day activities. Individuals meet frequently in small groups with close friends for mutual sharing encouragement, support and accountability. The larger Anglican 4th Day Community comes together periodically in "Ultreyas" meeting for worship, sharing, fellowship, and mutual encouragement.

www.anglican4thday.com

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DIOCESE OF SAN JOAQUIN



"Equipping Disciples For Christ"



From the A4D, Secretariat of San Joaquin

**MAKE A FRIEND, BE A FRIEND,
BRING A FRIEND TO CHRIST**

*Anglican Fourth Day™ and A4D™ are marks of the Anglican Fourth Day of North America and the Anglican Church in North America.

